

## **BEDKNOBS' SUSTAINABILITY POLICY**

At Bedknobs our mission is to offer a Cornish experience of true quality whilst minimising our impact on the natural environment in whatever way we can.

For us, sustainability is all about thinking about the way you're going to do something before you actually do it. In other words, do your research and always look behind the label. It's not rocket science.

We seek to achieve this in many ways and are wholly committed to the following:

- **The 4 R's that are Reduce, Repair Re-use and Recycle**

We work hard to reduce waste, energy, water and packaging  
We repair whatever can be repaired  
We re-use everything we possibly can and  
Recycle what is left – and occasionally (and most reluctantly) resort to landfill!

- **Local food**

We promote our local food and actively support the Producers and Suppliers who provide some of the tastiest Cornish food around

- **Our local economy**

We wholeheartedly support our local shops, restaurants and services and encourage our guests to do likewise.

- **Transport**

We offer discretionary discounts to guests arriving by public transport. Once at Bedknobs, we offer bus and train timetables, maps and a wealth of information on walking and cycling – and lots of suggestions too.

- **Synthetic Chemicals or rather, the avoidance thereof!**

At Bedknobs, we work hard to avoid the use of synthetic chemicals. We clean without them, wash without them, decorate without them and you won't find many in our furnishings and furniture either.

Lots more information can be found by exploring our **Green Pages**

Our goal for the future is to continue to build on what we do now and to share the very many benefits of living a more sustainable life-style. It really isn't rocket science.