





The St Piran Trail

Heading north from the cathedral city of Truro, the trail follows tranquil, wooded valleys through pretty villages before reaching the coast at Newquay, Cornwall's most popular tourist destination. Here the pace of life is more energetic... to match the internationally renowned surf. From Newquay, the route heads inland to the old market town of St. Columb Major before turning north across Denzell Downs and on towards the thriving coastal town of Padstow. The trail emerges on the banks of the Camel estuary where it joins The Camel Trail, one of Cornwall's most popular attractions.

How to get there

Rail - www.nationalrail.co.uk Tel: 08457 484950 Truro is situated on the main line. Change at Par (mainline) for branchline to Newquay.

Public Transport www.traveline.org.uk - Tel: 0871 200 2233

Car

These routes make use of existing car parking facilities.

▶ Further Information

For more detailed information refer to OS Explorer maps **105** and 106. Other guides are available from the local Tourist Information Centres.

▶ Tourist Information Centres

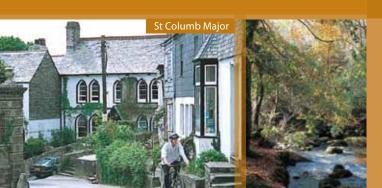
- Truro, Municipal Buildings, Boscawen Street Tel: **01872 274555**
- Newquay, Municipal Offices, Marcus Hill Tel: 01637 854020
- **Padstow**, North Quay Tel: 01841 533449

Contacts

Cornwall Council www.cornwall.gov.uk/cornishway or tel: 0300 1234 202

www.sustrans.org.uk www.visitcornwall.com











Challenging

Lergh Sen Pyran



